



Pop in and use
the Library Hub

Warm Space

Open during working hours

Saltash Town Council
Library Hub

WHAT'S ON & WELL-BEING February

Come along and have a go!

Thursday 6th 11AM

**Adult Mindfulness
Movement Class**

Thursday 13th 11AM

**Adult Yoga
Slow Movement Class**

Thursday 20th 11AM

**Adult Mindfulness
Meditation Class**

Thursday 27th 11AM

**Adult Mindfulness
Movement Class**

Saturday 22nd 11AM

Book Club & crafting

Fridays 7th, 14th & 21st 2PM

Friday PM Games Club



For all ages

Be a Citizen Scientist for our Winter Biowatch study

Tell us what animals and plants you see in your gardens
and on your walks around Saltash.

Events & Activities

Saltash Town Council
LIBRARY HUB

FRIDAY PM GAMES CLUB

2pm every week



From Monday 24th February

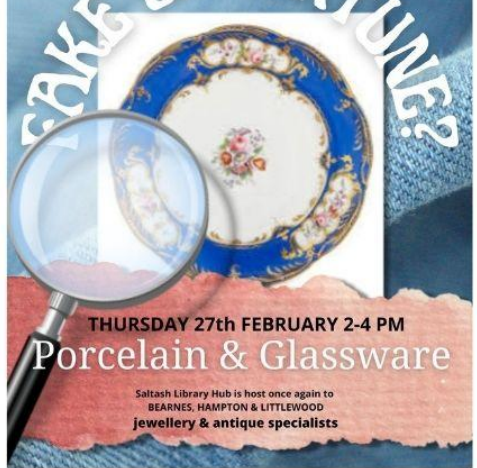
SOUTH WEST READING CHALLENGE

Inclusive to all ages and abilities
Prizes to be won - look out for details

Saltash Town Council
Library Hub

ANTIQUES

CAKE OR FORTUNE?

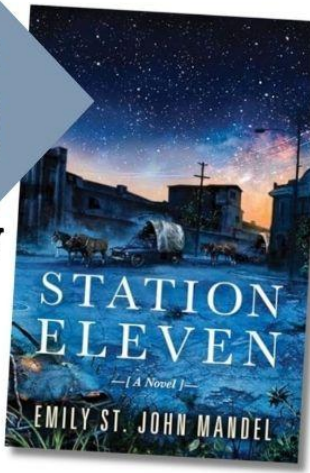


THURSDAY 27th FEBRUARY 2-4 PM
Porcelain & Glassware

Saltash Library Hub is host once again to BEARNES, HAMPTON & LITTLEWOOD Jewellery & antique specialists

SATURDAY BOOK CLUB

FEBRUARY BOOK OF THE MONTH



22nd February 11am
Everyone welcome

COULD YOU SPOT A LOAN SHARK?

The Stop Loan Sharks team is visiting libraries across Cornwall

Come along to find out more about how you can stay safe
We will be at:

Sid the Shark
will be here on
Tuesday 25th February 10.30am



STOP LOAN SHARKS
Intervention . Support . Education

Kids corner

PHARMACY DROP-IN SESSION

COMMUNITY PHARMACY CORNWALL

Our pharmacist will be at Saltash Library to talk about all things healthcare.
We offer free healthcare advice, support and information about new pharmacy services


Saltash Library
Callington Rd
PL12 6DX

Thursday 27th Feb
11.00am - 13.00pm

No need to book, just pop in.
All questions welcome!

@ admin@communitypharmacycornwall.org @kernowpharmacy


Saltash Town Council
Library Hub



30 minute FREE

CHILDREN'S DANCE & YOGA SESSION with GEE.

Bring a teddy (for teddy meditation) and a yoga mat if you have one ... or a towel.



Saturday 15th February 10.30am

Saltash Town Council
Library Hub

CHILDREN'S Saturday Craft morning



Make an animal decoration to hang up on National Wildlife Day

Saturday 22nd February 10.30am

For more Library information & daily events and activities updates, check out our Facebook page - www.facebook.com/saltashlibraryhub